

LIFESAVING WORLD CHAMPIONSHIPS RICCIONE 2022



MASTERS CHAMPIONSHIPS



COMPETITION PROGRAMME

Other than the initial marshalling and start times for each session all other listed times are indicative and for event planning purposes only. Individuals and Teams must be available at the commencement of each session for marshalling and competition of an event listed for conduct within that session.

This programme is subject to change. Heats for events in Ocean Events will be held where entry numbers require them

Day 0 - Tuesday 20 September

Briefing

16:00 Masters Technical Officials (Pool Events) briefing - Riccione Pool

17:00 Masters Team Managers (Pool Events) briefing - Riccione Pool

Day 1 - Wednesday 21 September

P O O L	TIME	EVENT				
	06:00	Safety/EMC Daily Meeting				
	06:45	Warm Up / Technical Officials daily briefing				
	07:15	Team Managers daily briefing				
	07:45	Opening Ceremony				
	08:15	Marshalling commence				
	TIME	EVENT	AGE GROUP	GENDER	TYPE	
	08:30	200 m Obstacle Swim	30/34	Women/Men	Time Final	
		200 m Obstacle Swim	35/39	Women/Men	Time Final	
		200 m Obstacle Swim	40/44	Women/Men	Time Final	
		200 m Obstacle Swim	45/49	Women/Men	Time Final	
		200 m Obstacle Swim	50/54	Women/Men	Time Final	
		100 m Obstacle Swim	55/59	Women/Men	Time Final	
		100 m Obstacle Swim	60/64	Women/Men	Time Final	
		100 m Obstacle Swim	65/69	Women/Men	Time Final	
		100 m Obstacle Swim	70/74	Women/Men	Time Final	
		100 m Obstacle Swim	75+	Women/Men	Time Final	
		4 x 50 m Obstacle Relay	120/139	Women/Men	Time Final	
		4 x 50 m Obstacle Relay	140/169	Women/Men	Time Final	
	4 x 50 m Obstacle Relay	170/199	Women/Men	Time Final		
	4 x 50 m Obstacle Relay	200/229	Women/Men	Time Final		
	4 x 50 m Obstacle Relay	230+	Women/Men	Time Final		
	Line Throw	30/34	Women/Men	Time Final		
	Line Throw	35/39	Women/Men	Time Final		
	Line Throw	40/44	Women/Men	Time Final		
	Line Throw	45/49	Women/Men	Time Final		
	Line Throw	50/54	Women/Men	Time Final		
	Line Throw	55/59	Women/Men	Time Final		
	Line Throw	60/64	Women/Men	Time Final		
	Line Throw	65/69	Women/Men	Time Final		
	Line Throw	70/74	Women/Men	Time Final		
	Line Throw	75+	Women/Men	Time Final		
	VICTORY CEREMONY - will be conducted at various times during the day					

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COMPETITION PROGRAMME

Day 2 - Thursday 22 September

	TIME	EVENT			
	TIME	EVENT	AGE GROUP	GENDER	TYPE
P O O L	06:00	Safety/EMC Daily Meeting			
	06:45	Warm Up / Technical Officials daily briefing			
	07:15	Team Managers daily briefing			
	08:15	Marshalling			
	08:30	100 m Manikin Tow with Fins	30/34	Women/Men	Time Final
		100 m Manikin Tow with Fins	35/39	Women/Men	Time Final
		100 m Manikin Tow with Fins	40/44	Women/Men	Time Final
		100 m Manikin Tow with Fins	45/49	Women/Men	Time Final
		100 m Manikin Tow with Fins	50/54	Women/Men	Time Final
		100 m Manikin Tow with Fins	55/59	Women/Men	Time Final
		100 m Manikin Tow with Fins	60/64	Women/Men	Time Final
		100 m Manikin Tow with Fins	65/69	Women/Men	Time Final
		100 m Manikin Tow with Fins	70/74	Women/Men	Time Final
		100 m Manikin Tow with Fins	75+	Women/Men	Time Final
		50 m Manikin Carry 30/34	30/34	Women/Men	Time Final
		50 m Manikin Carry 30/34	35/39	Women/Men	Time Final
		50 m Manikin Carry 35/39	40/44	Women/Men	Time Final
		50 m Manikin Carry 35/39	45/49	Women/Men	Time Final
		50 m Manikin Carry 40/44	50/54	Women/Men	Time Final
		50 m Manikin Carry 40/44	55/59	Women/Men	Time Final
		50 m Manikin Carry 45/49	60/64	Women/Men	Time Final
		50 m Manikin Carry 45/49	65/69	Women/Men	Time Final
		50 m Manikin Carry 50/54	70/74	Women/Men	Time Final
		50 m Manikin Carry 50/54	75+	Women/Men	Time Final
		4 x 50 m Medley Relay	120/139	Women/Men	Time Final
		4 x 50 m Medley Relay	140/169	Women/Men	Time Final
		4 x 50 m Medley Relay	170/199	Women/Men	Time Final
		4 x 50 m Medley Relay	200/229	Women/Men	Time Final
		4 x 50 m Medley Relay	230+	Women/Men	Time Final
		VICTORY CEREMONY - will be conducted at various times during the day			

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MASTERS CHAMPIONSHIPS



COMPETITION PROGRAMME

Day 3 - Friday 23 September

P O O L	TIME		EVENT		
	06:00	Safety/EMC Daily Meeting			
	06:45	Warm Up / Technical Officials daily briefing			
	07:15	Team Managers daily briefing			
	08:15	Marshalling			
	TIME	EVENT	AGE GROUPS	GENDER	TYPE
	08:30	100 m Manikin Carry with Fins	30/34	Women/Men	Time Final
		100 m Manikin Carry with Fins	35/39	Women/Men	Time Final
		100 m Manikin Carry with Fins	40/44	Women/Men	Time Final
		100 m Manikin Carry with Fins	45/49	Women/Men	Time Final
		100 m Manikin Carry with Fins	50/54	Women/Men	Time Final
		100 m Manikin Carry with Fins	55/59	Women/Men	Time Final
		100 m Manikin Carry with Fins	60/64	Women/Men	Time Final
		100 m Manikin Carry with Fins	65/69	Women/Men	Time Final
		100 m Manikin Carry with Fins	70/74	Women/Men	Time Final
		100 m Manikin Carry with Fins	75+	Women/Men	Time Final
		4 x 25 m Manikin Relay	120/139	Women/Men	Time Final
		4 x 25 m Manikin Relay	140/169	Women/Men	Time Final
		4 x 25 m Manikin Relay	170/199	Women/Men	Time Final
		4 x 25 m Manikin Relay	200/229	Women/Men	Time Final
	4 x 25 m Manikin Relay	230+	Women/Men	Time Final	
VICTORY CEREMONY - will be conducted at various times during the day					

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COMPETITION PROGRAMME

	TIME EVENT	
	TIME	EVENT
	16:00	Masters Technical Officials (Ocean Events) Briefing - Ocean Venue (Day 3 Friday 23 September)
	17:00	Masters Team Managers (Ocean Events) Briefing - Ocean Venue (Day 3 Friday 23 September)
Day 4 - Saturday 24 September Sunrise 06.56 - Sunset 19.02 Tide Times: TBC		
	TIME EVENT	
	TIME	EVENT
	6:00	Safety/EMC Daily Meeting
	06:30	Warm Up / Technical Officials daily briefing
	06:45	Team Managers daily briefing
	07:00	Marshalling
O C E A N	ARENA A 40-44; 45-49; 50-54; 55-59	
	TIME	EVENT
	7:15	Board Rescue
		40-44
		Men
		Heat/Final
		Board Rescue
		45-49
		Men
		Heat/Final
		Board Rescue
		50-54
		Men
		Heat/Final
		Board Rescue
		55-59
		Men
		Heat/Final
		Surf Race
		40-44
		Men
		Heat/Final
		Surf Race
		45-49
		Men
		Heat/Final
		Surf Race
		50-54
		Men
		Heat/Final
		Surf Race
		55-59
		Men
		Heat/Final
		Board Race
		40-44
		Men
		Heat/Final
		Board Race
		45-49
		Men
		Heat/Final
		Board Race
		50-54
		Men
		Heat/Final
		Board Race
		55-59
		Men
		Heat/Final
		Surf Ski Race
		40-44
		Men
		Heat/Final
		Surf Ski Race
		45-49
		Men
		Heat/Final
		Surf Ski Race
		50-54
		Men
		Heat/Final
		Surf Ski Race
		55-59
		Men
		Heat/Final
		Ocean Man
		40-44
		Men
		Heat/Final
		Ocean Man
		45-49
		Men
		Heat/Final
		Ocean Man
		50-54
		Men
		Heat/Final
		Ocean Man
		55-59
		Men
		Heat/Final
VICTORY CEREMONY - will be conducted as soon as this Arena has completed events for the day		

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TIME DAY 4 (CONT)				
ARENA B 30-34; 35-39; 60-64; 65-69; 70-74 (70+ where no 75+); 75+				
TIME	EVENT	AGE GROUP	GENDER	TYPE
7:15	Board Rescue	30-34	Men	Heat/Final
	Board Rescue	35-39	Men	Heat/Final
	Board Rescue	60-64	Men	Heat/Final
	Board Rescue	65-69	Men	Heat/Final
	Board Rescue	70-74	Men	Heat/Final
	Board Rescue	75+	Men	Heat/Final
	Surf Ski Race	30-34	Men	Heat/Final
	Surf Ski Race	35-39	Men	Heat/Final
	Surf Ski Race	60-64	Men	Heat/Final
	Surf Ski Race	65-69	Men	Heat/Final
	Surf Ski Race	70-74	Men	Heat/Final
	Surf Ski Race	75+	Men	Heat/Final
	Surf Race	30-34	Men	Heat/Final
	Surf Race	35-39	Men	Heat/Final
	Surf Race	60-64	Men	Heat/Final
	Surf Race	65-69	Men	Heat/Final
	Surf Race	70-74	Men	Heat/Final
	Surf Race	75+	Men	Heat/Final
	Board Race	30-34	Men	Heat/Final
	Board Race	35-39	Men	Heat/Final
	Board Race	60-64	Men	Heat/Final
	Board Race	65-69	Men	Heat/Final
	Board Race	70-74	Men	Heat/Final
	Board Race	75+	Men	Heat/Final
	Ocean Man	30-34	Men	Heat/Final
	Ocean Man	35-39	Men	Heat/Final
	Ocean Man	60-64	Men	Heat/Final
	Ocean Man	65-69	Men	Heat/Final
	Ocean Man	70+	Men	Heat/Final
VICTORY CEREMONY - will be conducted as soon as this Arena has completed events for the day				

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COMPETITION PROGRAMME

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TIME DAY 4 (CONT)				
ARENA C 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70-74; (70+ where no 75+); 75+				
TIME	EVENT	AGE GROUP	GENDER	TYPE
7:15	Surf Ski Race	30-34	Women	Heat/Final
	Surf Ski Race	35-39	Women	Heat/Final
	Surf Ski Race	40-44	Women	Heat/Final
	Surf Ski Race	45-49	Women	Heat/Final
	Surf Ski Race	50-54	Women	Heat/Final
	Surf Ski Race	55-59	Women	Heat/Final
	Surf Ski Race	60-64	Women	Heat/Final
	Surf Ski Race	65-69	Women	Heat/Final
	Surf Ski Race	70-74	Women	Heat/Final
	Surf Ski Race	75+	Women	Heat/Final
	Surf Race	30-34	Women	Heat/Final
	Surf Race	35-39	Women	Heat/Final
	Surf Race	40-44	Women	Heat/Final
	Surf Race	45-49	Women	Heat/Final
	Surf Race	50-54	Women	Heat/Final
	Surf Race	55-59	Women	Heat/Final
	Surf Race	60-64	Women	Heat/Final
	Surf Race	65-69	Women	Heat/Final
	Surf Race	70-74	Women	Heat/Final
	Surf Race	75+	Women	Heat/Final
	Board Race	30-34	Women	Heat/Final
	Board Race	35-39	Women	Heat/Final
	Board Race	40-44	Women	Heat/Final
	Board Race	45-49	Women	Heat/Final
	Board Race	50-54	Women	Heat/Final
	Board Race	55-59	Women	Heat/Final
	Board Race	60-64	Women	Heat/Final
	Board Race	65-69	Women	Heat/Final
	Board Race	70-74	Women	Heat/Final
	Board Race	75+	Women	Heat/Final
	Oceanwoman	30-34	Women	Heat/Final
	Oceanwoman	35-39	Women	Heat/Final
	Oceanwoman	40-44	Women	Heat/Final
	Oceanwoman	45-49	Women	Heat/Final
	Oceanwoman	50-54	Women	Heat/Final
	Oceanwoman	55-59	Women	Heat/Final
	Oceanwoman	60-64	Women	Heat/Final
	Oceanwoman	65-69	Women	Heat/Final
	Oceanwoman	70+	Women	Heat/Final
	Board Rescue	30-34	Women	Heat/Final
	Board Rescue	35-39	Women	Heat/Final
	Board Rescue	40-44	Women	Heat/Final
	Board Rescue	45-49	Women	Heat/Final
	Board Rescue	50-54	Women	Heat/Final
	Board Rescue	55-59	Women	Heat/Final
	Board Rescue	60-64	Women	Heat/Final
	Board Rescue	65-69	Women	Heat/Final
	Board Rescue	70-74	Women	Heat/Final
	Board Rescue	75+	Women	Heat/Final
VICTORY CEREMONY - will be conducted as soon as this Arena has completed events for the day				

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COMPETITION PROGRAMME

Day 5 - Sunday 25 September

Sunrise 6.59 - Sunset 19.01

Tide Times: TBC

TIME	EVENT
06:00	Safety/EMC Daily Meeting
06:30	Warm Up / Technical Officials daily briefing
06:45	Team Managers daily briefing
07:15	Marshalling

ARENA A Team 90-109; 110-129; 130-149 MEN

TIME	EVENT	AGE GROUP	GENDER	TYPE
07:30	Surf Team Race	90-109	Men	Heat/Final
	Surf Team Race	110-129	Men	Heat/Final
	Surf Team Race	130-149	Men	Heat/Final
	Board Relay	90-109	Men	Heat/Final
	Board Relay	110-129	Men	Heat/Final
	Board Relay	130-149	Men	Heat/Final
	Surf Ski Relay	90-109	Men	Heat/Final
	Surf Ski Relay	110-129	Men	Heat/Final
	Surf Ski Relay	130-149	Men	Heat/Final
	Oceanman Relay	90-109	Men	Heat/Final
	Oceanman Relay	110-129	Men	Heat/Final
	Oceanman Relay	130-149	Men	Heat/Final

VICTORY CEREMONY - will be conducted as soon as this Arena has completed events for the day

ARENA B Team 150-169 and 170+ MEN

TIME	EVENT	AGE GROUP	GENDER	TYPE
7:30	Board Relay	150-169	Men	Heat/Final
	Board Relay	170+	Men	Heat/Final
	Surf Ski Relay	150-169	Men	Heat/Final
	Surf Ski Relay	170+	Men	Heat/Final
	Oceanman Relay	150-169	Men	Heat/Final
	Oceanman Relay	170+	Men	Heat/Final
	Surf Team Race	150-169	Men	Heat/Final
	Surf Team Race	170+	Men	Heat/Final

VICTORY CEREMONY - will be conducted as soon as this Arena has completed events for the day

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TIME DAY 5 (CONT)				
ARENA C Team 90-109;110-129;130-149;150-169 and 170+ WOMEN				
TIME	EVENT	AGE GROUP	GENDER	TYPE
7:30	Surf Ski Relay	90-109	Women	Heat/Final
	Surf Ski Relay	110-129	Women	Heat/Final
	Surf Ski Relay	130-149	Women	Heat/Final
	Surf Ski Relay	150-169	Women	Heat/Final
	Surf Ski Relay	170+	Women	Heat/Final
	Oceanwoman Relay	90-109	Women	Heat/Final
	Oceanwoman Relay	110-129	Women	Heat/Final
	Oceanwoman Relay	130-149	Women	Heat/Final
	Oceanwoman Relay	150-169	Women	Heat/Final
	Oceanwoman Relay	170+	Women	Heat/Final
	Surf Team Race	90-109	Women	Heat/Final
	Surf Team Race	110-129	Women	Heat/Final
	Surf Team Race	130-149	Women	Heat/Final
	Surf Team Race	150-169	Women	Heat/Final
	Surf Team Race	170+	Women	Heat/Final
	Board Relay	90-109	Women	Heat/Final
	Board Relay	110-129	Women	Heat/Final
	Board Relay	130-149	Women	Heat/Final
	Board Relay	150-169	Women	Heat/Final
	Board Relay	170+	Women	Heat/Final
VICTORY CEREMONY - will be conducted as soon as this Arena has completed events for the day				

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COMPETITION PROGRAMME

Day 6 - Monday 26 September

Sunrise 07.00 - Sunset 18.59

Tide Times: TBC

TIME	EVENT
6:00	Safety/EMC Daily Meeting
06:30	Warm Up / Technical Officials daily briefing
06:45	Team Managers daily briefing
07:15	Marshalling

2KM BEACH RUN

TIME	EVENT	AGE GROUP	GENDER	TYPE
07:30	2 km Beach Run	30-34	Women/Men	Final
	2 km Beach Run	35-39	Women/Men	Final
	2 km Beach Run	40-44	Women/Men	Final
	2 km Beach Run	45-49	Women/Men	Final
	2 km Beach Run	50-54	Women/Men	Final
	2 km Beach Run	55-59	Women/Men	Final

1KM BEACH RUN

TIME	EVENT	AGE GROUP	GENDER	TYPE
07:30	1 km Beach Run	60-64	Women/Men	Final
	1 km Beach Run	65-69	Women/Men	Final
	1 km Beach Run	70-74	Women/Men	Final
	1 km Beach Run	75+	Women/Men	Final

As each age group completes their 1km/2km run, they move to the Beach Sprint Track.

BEACH SPRINT ARENA

TIME	EVENT	AGE GROUP	GENDER	TYPE
	Beach Sprint	60-64	Women/Men	Heat/Final
	Beach Sprint	65-69	Women/Men	Heat/Final
	Beach Sprint	70-74	Women/Men	Heat/Final
	Beach Sprint	75+	Women/Men	Heat/Final
	Beach Relay	90-109	Women/Men	Heat/Final
	Beach Relay	110-129	Women/Men	Heat/Final
	Beach Relay	130-149	Women/Men	Heat/Final
	Beach Relay	150-169	Women/Men	Heat/Final
	Beach Relay	170+	Women/Men	Heat/Final
	Beach Sprint	30-34	Women/Men	Heat/Final
	Beach Sprint	35-39	Women/Men	Heat/Final
	Beach Sprint	40-44	Women/Men	Heat/Final
	Beach Sprint	45-49	Women/Men	Heat/Final
	Beach Sprint	50-54	Women/Men	Heat/Final
	Beach Sprint	55-59	Women/Men	Heat/Final

As each age group completes their Sprints, they move to the Flag Arenas 1, 2 and 3

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B E A C H F L A G S A R E N A	TIME DAY 6 (CONT)				
	BEACH FLAGS ARENA 1 - MEN 30-34; 35-39; 40-44; 45-49; 50-54				
	TIME	EVENT	AGE GROUP	GENDER	TYPE
		Beach Flags	30-34	Men	Heat/Final
		Beach Flags	35-39	Men	Heat/Final
		Beach Flags	40-44	Men	Heat/Final
		Beach Flags	45-49	Men	Heat/Final
		Beach Flags	50-54	Men	Heat/Final
	BEACH FLAGS ARENA 2 - WOMEN and MEN 55-59; 60-64; 65-69; 70-74; 75+				
	TIME	EVENT	AGE GROUP	GENDER	TYPE
		Beach Flags	60-64	Women/Men	Heat/Final
		Beach Flags	65-69	Women/Men	Heat/Final
		Beach Flags	70-74	Women/Men	Heat/Final
		Beach Flags	75+	Women/Men	Heat/Final
		Beach Flags	55-59	Women/Men	Heat/Final
	BEACH FLAGS ARENA 3 - WOMEN 30-34; 35-39; 40-44; 45-49; 50-54				
	TIME	EVENT		GENDER	TYPE
		Beach Flags	30-34	Women	Heat/Final
		Beach Flags	35-39	Women	Heat/Final
		Beach Flags	40-44	Women	Heat/Final
		Beach Flags	45-49	Women	Heat/Final
		Beach Flags	50-54	Women	Heat/Final
	VICTORY CEREMONY - will be conducted as soon as each Flags Arena has completed their events				
TBC	CLOSING CEREMONY - Masters events				
TBC	CLOSING PARTY - Masters				