



TWG 2025 CHENGDU

LIFESAVING ATHLETE FACT SHEET

NAME: [Your Name]	Samuel Lawman
AGE: [Your Age]	30
NATION: [Your Country]	Great Britain
BRIEF INTRODUCTION OF YOURSELF [max 10 sentences]	I am an international lifesaving athlete representing Great Britain. I first raced internationally in 2013 at the Commonwealth Lifesaving Championships for England and made my Great Britain team debut in 2019. Since then, I've competed at three European and two World Championships, along with a range of other competitions reaching as far as Australia and South Africa. This year, I will become the first British athlete in over 20 years to qualify for the World Games for Lifesaving in Chengdu, China. Alongside my sporting career, I'm training as a physiotherapist at Leeds Beckett University and work on both the RLSS UK and SLSGB National Lifesaving Sport Committees, with the goal of growing both surf and pool lifesaving in the UK. I'm passionate about inspiring the next generation of British lifesaving athletes and hope to do so through my qualification for The World Games this year. I also run a YouTube channel covering swimming, finswimming and lifesaving, featuring race day vlogs, athlete insights, and coaching tutorials to help grow awareness and participation in the sport.
IS THIS YOUR FIRST WORLD GAMES? [Yes/No]	Yes
IF NO, IN WHICH OTHER WORLD GAMES DID YOU ATTEND? [World Games]	I did compete at The World Games Series early this year.
WHICH DISCIPLINE ARE YOU STARTING IN? [Your Discipline]	100m Rescue Medley
WHAT IS YOUR BEST ACHIEVEMENT IN THIS DISCIPLINE? [Your Best Achievement]	4th place at the European Championships, 9th at the World Championships, and 2nd at the DLRG German Cup.
WHAT IS YOUR GOAL? [Your Goal]	To inspire the next generation of British lifesaving athletes and finish as high as possible in my event.
THIS IS FUN TO KNOW ABOUT YOU:	For the majority of my sporting career I worked full time as a Mathematics Teacher in a high school!

[A fun fact or something interesting about yourself]

PHOTO:
Passport Photo:
[Insert Passport Photo]

PHOTO:
Action Photo:
[Insert Action Photo]

