



TWG 2025 CHENGDU

LIFESAVING ATHLETE FACT SHEET

NAME: [Your Name]	Kota Sekiguchi
AGE: [Your Age]	22
NATION: [Your Country]	Japan
BRIEF INTRODUCTION OF YOURSELF [max 10 sentences]	<i>My name is Kota, and I am a competitive lifesaving athlete from Japan.</i> <i>I mainly specialize in pool events.</i> <i>I currently hold Japanese national records in the Manikin Relay and the Pool Lifesaver Relay.</i> <i>I also hold a national record in finswimming, which has helped me become faster and stronger in lifesaving.</i> <i>Competing at The World Games has been my dream since I started lifesaving sport.</i> <i>Representing Japan at The World Games Chengdu 2025 is a great honor.</i> <i>I am aiming for gold in the Manikin Relay and a medal in the Medley Relay.</i> <i>I'm excited to be part of this global event and give my very best in Chengdu!</i>
IS THIS YOUR FIRST WORLD GAMES? [Yes/No]	Yes
IF NO, IN WHICH OTHER WORLD GAMES DID YOU ATTEND? [World Games]	
WHICH DISCIPLINE ARE YOU STARTING IN? [Your Discipline]	Pool disciplines 4x25 m Manikin Relay 4x50 m Pool Lifesaver Relay 4x50 m Medley Relay
WHAT IS YOUR BEST ACHIEVEMENT IN THIS DISCIPLINE? [Your Best Achievement]	We set the Japanese national record in both the 4x25m Manikin Relay and the 4x50m Pool Lifesaver Relay.

WHAT IS YOUR GOAL? [Your Goal]		My goal at The World Games is to win the gold medal in the 4x25m Manikin Relay and to earn a podium finish in the 4x50m Medley Relay.
THIS IS FUN TO KNOW ABOUT YOU: [A fun fact or something interesting about yourself]	In addition to lifesaving, I also hold a Japanese national record in finswimming!	
PHOTO: Passport Photo: [Insert Passport Photo]		PHOTO: Action Photo: [Insert Action Photo]
		