



TWG 2025 CHENGDU

LIFESAVING ATHLETE FACT SHEET

NAME: [Your Name]	Mateusz Grabski
AGE: [Your Age]	21
NATION: [Your Country]	Poland
BRIEF INTRODUCTION OF YOURSELF [max 10 sentences]	My name is Mateusz and I am 21 years old. I come from Szczecin, Poland. I have been training in lifesaving sport for 11 years. It all started with my love for swimming, which quickly turned into a deep passion for lifesaving as a sport. I am a multiple medalist at Polish, European, and World Championships. My favourite events are the 50 m manikin carry and the 100 m manikin tow with fins. I am currently active both as an athlete and as a coach for a younger group. I continue to pursue this sport with great passion. My goal is to represent my country at the highest level. This year, my biggest goal is to win the best possible medal at The World Games.
IS THIS YOUR FIRST WORLD GAMES? [Yes/No]	Yes
IF NO, IN WHICH OTHER WORLD GAMES DID YOU ATTEND? [World Games]	
WHICH DISCIPLINE ARE YOU STARTING IN? [Your Discipline]	Lifesaving
WHAT IS YOUR BEST ACHIEVEMENT IN THIS DISCIPLINE? [Your Best Achievement]	Second place - Silver 4x25m manikin carry – LWC Riccione 2022
WHAT IS YOUR GOAL? [Your Goal]	To represent my country at the highest level
THIS IS FUN TO KNOW ABOUT YOU: [A fun fact or something interesting about yourself]	I play "Remember The Name" by Fort Minor on loop before every race — my manikin probably knows the lyrics by now.

PHOTO: Passport Photo: [Insert Passport Photo]		PHOTO: Action Photo: [Insert Action Photo]	
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