



TWG 2025 CHENGDU

LIFESAVING ATHLETE FACT SHEET

NAME: [Your Name]	Marco Plazuelo Jiménez
AGE: [Your Age]	27
NATION: [Your Country]	Spain
BRIEF INTRODUCTION OF YOURSELF [max 10 sentences]	<i>My name is Marco Plazuelo, and I am an athlete on the Spanish National Lifesaving Team. I belong to the club Laguna SOS and currently live in Madrid, Spain. In addition to being a lifesaving athlete, I also work as a sports nutritionist.</i> <i>My favorite and strongest events are beach flags and the 90m sprint. I also compete in pool events such as the 100m tow with fins, 100m manikin carry with fins, and relays. Lifesaving is my passion, and I feel proud every time I represent my country.</i> <i>I hope this dream never ends and that I can continue competing for many more years.</i>
IS THIS YOUR FIRST WORLD GAMES? [Yes/No]	YES
IF NO, IN WHICH OTHER WORLD GAMES DID YOU ATTEND? [World Games]	
WHICH DISCIPLINE ARE YOU STARTING IN? [Your Discipline]	Lifesaving (relays)
WHAT IS YOUR BEST ACHIEVEMENT IN THIS DISCIPLINE? [Your Best Achievement]	Second place in the 100m tow with fins at the World Games Series, Third place in the World Championships (Australia) in flags, European champion in flags and sprint
WHAT IS YOUR GOAL? [Your Goal]	In these world games, my dream is to win a medal with my relay team.
THIS IS FUN TO KNOW ABOUT YOU: [A fun fact or something interesting about yourself]	I started in this sport by chance, at the age of 16. After a night out, I went to watch my younger brother compete in a sport I had never heard of—and I instantly fell in love with it. I didn't know how to swim or run, but my ambition to

	compete and be the best has taken me around the world doing what I love.
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PHOTO: Passport Photo: [Insert Passport Photo]		PHOTO: Action Photo: [Insert Action Photo]	
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